

Check what AI writes

AI writes a likely answer, and likely isn't the same as true. It also hands back reports with sources, and some tools change shared files themselves. Three habits for checking what it hands you.

01

Spot what could be invented

Underline every name, number, date, quote, source and link. Quotes and links can be invented too.

Mark each one:

- K I know it's right
- S I know the source to check it
- ? I can't tell

02

Check it outside the chat

Open the source itself, not the AI's summary of it. Read them side by side:

- M What's missing?
- C What's changed?
- A What's added?

A quote you can't find in the source counts as added.

03

Ask what was checked

When an AI tells you its work passed a check, ask what was checked.

A cited report: does each source say what the report claims?

A file an AI edited: open its version history. What changed, and was it asked for?

For anything that matters

SORT

Decide how much to check.

LIST

Write down every claim that can be checked.

TRACE

Find each one at its source, outside the chat.

HEDGE

Keep the words that make it true.

LOG

Record what was checked, the date, and when to check again.

STOP ASKING

"Are you sure?"

It's the same machine vouching for its own answer. Check outside the chat: the original document, a source you trust, or a person free to disagree.

NEVER ANSWER

"The AI did it"

Whoever asked for the work runs the checks before it's forwarded, and "The AI did it" is never the answer to "who checked this?"

MY REAL TASK

TWO THINGS I CHECKED, AND WHERE

ONE CLAIM I TRACED, AND WHAT ITS SOURCE REALLY SAYS

OUR TEAM HABIT
